

Good Morning

From the table

Our own freshly squeezed orange or grapefruit juice
Range of cereals + fresh milk from happy Cornish cows
Fresh fruit salad
Prunes or grapefruit segments
Trewithen Cornish farm natural live yogurt + fruit or nuts

From the Farmhouse kitchen

Boiled eggs with toasted soldiers
Bacon sandwich
Our own Gravalax + scrambled eggs
Omelette filled with mushrooms, tomato, or cheese
Devilled mushrooms on toast
Smoked bacon with a poached egg
Naturally smoked poached haddock
Naturally smoked Kippers

Trehellas Full Breakfast

Bacon rasher, ansom banger, grilled tomato,
Mushrooms, baked beans, fried bread, Cornish
Black pudding, sauté potatoes.

Free range Cornish farm eggs
Fried, scrambled or poached

Please advise us how many eggs sausages etc you would like

Vegetarian option

Vegetarian sausage, tomato, mushrooms, beans
sauté potatoes, fried bread, eggs of your choice

Beverages

From the bean

**Standard coffee , cappuccino, latte, espresso
Decaffeinated, Macchiato–latte, hot chocolate**

Teas

**Breakfast, Earl grey, lemon & ginger, Assam, Camomile
Camomile + honey & vanilla, blackcurrant, peppermint
Ginseng + vanilla**

**Why not try a glass of camel valley fizz
£5.00 supplement**

Please book your table for dinner tonight at reception